Clinical Resources

Anxiety Disorders and Related Problems

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SELECTED RESOURCES FOR CONSUMERS

Anxiety Disorders in Children

General Anxiety, Stress, Depression and Related Topics

Obsessive–Compulsive Disorder

Panic Disorder and Agoraphobia

Anxiety-Related Web Sites
- NIMH Anxiety Disorders Site: www.nimh.nih.gov/anxiety/anxietymenu.cfm
- Anxiety and Panic site: www.anxiety-panic.com
- National Anxiety Foundation: www.lexington-on-line.com/naf.html
- The Panic Center: www.paniccenter.net
- The Phobia List: www.phobialist.com
- Obsessive Compulsive Foundation: www.ocfoundation.org
- Anxiety Disorders Association of America (ADAA): www.adaa.org
- Anxiety Disorders Association of Canada: www.anxietycanada.ca
- Anxiety Disorders Association of British Columbia: www.anxietybc.com
- Anxiety Disorders Association of Manitoba: www.adam.mb.ca
- Anxiety Disorders Association of Ontario: www.anxietyontario.com
- Association/Troubles Anxieux du Québec: www.ataq.org

Anxiety-Related Web Sites

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### Posttraumatic Stress Disorder

### Social Phobia


### Specific Phobias


### Video Resources


### SELECTED RESOURCES FOR PROFESSIONALS

#### Anxiety Disorders in Children


#### General Books on Anxiety Disorders


#### Obsessive–Compulsive Disorder


#### Panic Disorder and Agoraphobia


#### Posttraumatic Stress Disorder


Social Phobia


Specific Phobias


Video Resources


To view a more comprehensive resource list, please go to www.cpa-apc.org/Publications/Archives/Bulletin/2003/august/antony.asp or visit www.martinantony.com

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References